

WINTER WHITE SUPERFOOD SMOOTHIE

Ingredients:

- 2 scoops *PURIFYPLUS*
- 1 green apple, skin on & cored
- ½ banana
- ½ cup coconut milk or H₂O
- ½ cup pineapple smoothie
- 1 tablespoon peanut butter
- ½ cup ice



HINTS:

Store your berries, fruit and sliced bananas in the freezer!

Add more or less liquid to get your preferred consistency.

PURIFYPLUS contains LIVE enzymes so make sure to drink within an hour of blending.