

CHEF KELLY'S SUPERFOOD SMOOTHIE: THE MEAN GREEN

Ingredients:

- 2 scoops PURIFYPLUS
- 1 cup packed spinach
- 1 peach or nectarine, pitted
- ½ cup blueberries
- 1 cup almond milk or H₂O
- ½ cup ice



HINTS:

Store your berries, fruit and sliced bananas in the freezer!

Add more or less liquid to get your preferred consistency.

PURIFYPLUS contains LIVE enzymes so make sure to drink within an hour of blending.